**Make sure to direct these links to this PRESELL PAGE (note that this article is written for women):**

[**http://www.healthwellnessreview.com/women/?id=YOURAFFID&tid=YOURTID**](http://www.healthwellnessreview.com/women/?id=YOURAFFID&tid=YOURTID)

\*Replace ‘YOURID’ with your Clickbank ID and ‘YOURTID’ with your tracking ID (you can leave the TID field blank if you want)

**SUBJECT:** 97% of WOMEN that do this to lose weight faster and live longer

**SUBJECT:** 3 LBS IN 3 DAYS: You won’t BELIEVE what she looks like NOW!

Hi [Firstname], hope you’re having an amazing day! I wanted to share this quick story with you.

I was recently having lunch with my friend Rachel. You would never know it looking at her now, but a few months ago Rachel used to be **more than 40 lbs overweight**.

Back then, losing weight seemed like it wasn’t possible, especially when she has 2 kids, a husband, a job, errands to run…She felt like she didn’t even have time for herself.

She had decided to just *settle* on the body she had, continuing to cover it up with baggy clothes and never being as confident as she really wanted to be.

**Rachel had pretty much given up on EVER getting the body she wanted…**

That’s when I introduced her to green smoothies and how perfect they are for busy women who feel like they don’t have time to lose weight.

In fact, my good friend Drew who happens to be a Board Certified Health Coach and the one who got *me* hooked on green smoothies, recently wrote this great article about **rapid weight loss just for busy women**:

**🡺 See how busy women are losing 3-8 lbs in 1 week**

Turns out smoothies are the perfect weight loss secret weapon…**especially for WOMEN!**

No wonder why celebrities like The Housewives and The Kardashians swear by these “magical” green drinks to keep them slim all-year-round.

**So fast forward to today, and Rachel is literally glowing.**

She has **dropped 34 pounds over the past 2 months** and is bubbling with energy.

She even told me that she doesn’t wear as much makeup anymore because her skin is so much better now than it used to be. Not to mention she now fits into all those clothes she always wanted to wear!

And you know what?

Transformations like this are happening **EVERY DAY** to women just like you!

So that’s all for today. I love inspirational stories like Rachel’s and just wanted to share it with you.

Here is the link to Drew’s article again that explains exactly why smoothies work so well AND so fast for weight loss, **especially for busy women like you:**

**🡺 See how busy women are losing 3-8 lbs in 1 week**

To Your Health,

Sign Off